



DO-Touch.NET



MEMBER SPOTLIGHT

ROBERT TRUAX, DO

I graduated from Kirksville in 1999 having done the year-long undergraduate OMM fellowship. Brian Degenhardt was not only the faculty overseeing me then but also interviewed me in 1994 to get into school. I completed a Family Medicine Residency as well as Sports Medicine fellowship and currently I am an associate professor of OMM at Ohio University-Cleveland Campus, overseeing the Year 1 curriculum. My private practice is an OMM/Exercise clinic and I have Family Medicine residents rotate.

As is typical of maturation in our profession, I am becoming more keenly aware of the importance of palpation of the tissue. What I look forward with DO Touch NET is to exploring tissue palpation and where it intersects with muscle fatigue physiology. Osteopathic papers from over a 100 years ago discuss palpating fatigued muscles. Our current understanding of muscle fatigue is more precise and I want to better understand how muscle fatigue palpation and the notion of somatic dysfunction intersect.



NETWORK UPDATES

- Reminder with our change in schedule of the "Let's Talk About OMM Research!" series, this May Episode will be **our last one until September**. Also, reminder that these episodes till be on the third Thursday of the month at 1 PM US Central Time. Events are in the following months:

<u>Winter Series</u>	<u>Spring Series</u>	<u>Fall Series</u>
January	April	September
February	May	October
		November

- Our Special Interest Groups are underway! Members of DO-Touch.NET are working together to explore research topics defined at the 2024 Annual Meeting. If you would like to join a Special Interest Group or have questions, please contact us! Our Special Interest Groups are on the topics of:
 - Somatic Dysfunction/Key Lesions in Different Health Conditions
 - Healthcare Recommendations Beyond OMT
 - Non-musculoskeletal Conditions
 - Pediatrics
 - Comparison of OMT to Other Healthcare Disciplines
 - Women's Health

UPCOMING EVENTS



"Let's Talk About OMM Research!"

Journal Club - EPISODE 42

Julien Moreno, DO, PT

"The Role of Mental Imagery in Osteopathic Palpation"

May 16 at 1 PM US Central Time

Register Today!



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